



Trail 45--Rob's Trail

Duration: 2 hours 25 minutes

Distance: 2.3 miles one-way; On the return you can cut off mileage by enjoying straight powder shots down the mountain rather than following the exact trail.

Difficulty: Easy

Elevation: Trailhead 7145'; Mid Mountain Trail 8000'

Map: Park City West 7.5' quadrangle

GPS Coordinates: Junction 2 (on map)--12 T 0450745/4505129; Where Colin's trail joins Rob's trail--12 T 0452206/4505063

Dogs: Allowed on leash

Introduction: The trailhead for Robs' trail sits right off a city road, so accessibility is a breeze. The trail itself does not gain much elevation, and provides views of the Canyons Ski Resort, the valley and Park City below. For all these reasons the trail sees quite a bit of use and the snow is often packed and thus easy to follow. This route would make for good snowshoe trail running and it culminates with a splendid view of the Canyons Resort to one side and the valley on the other.

How to Get There: Head east on I-80 from Salt Lake City. At 21.6 miles you'll come to Exit 145, the Kimabll Jct./Park City Exit for UT 224. Take this exit and turn right onto UT-224. At 2.2 miles take a right on Bear Hollow Drive. 1.5 miles up the road, on the left hand side, lies the trailhead for Rob's Trail, Colin's Trail, and the Mid Mountain Trail.

Trail Description: The Mountain Trails Foundation has clearly marked the trailhead with a post for Rob's Trail, Colin's Trail, and Mid Mountain Trail. This trailhead marks the beginning of Rob's Trail but runs into the other two. One half mile up the trail you come to the trail marker that indicates the Colin's Trail break off. If you go this way you'll come out near the Community Church at the base of Bear Hollow Drive. Follow the upper trail. At .75 miles the trail splits again, but is unmarked. At this junction the view opens to Park City below – it is a vast overlook. One trail leads straight across the mountain, but for this route turn up the switchback that heads up the mountain.

The trail continues to climb switchbacks up the side of the mountain, opening views out across the valley and the city below.

At 1.5 miles the Canyons Resort comes into view off to your left. Follow the markers toward Mid Mountain trail. Rob's trail concludes when it intersects Mid Mountain trail at 8000'.

At just under 2 miles Ambush trail, which heads to the foot of the Canyons resort, intersects. At this point the route runs into a perpendicular mountain. Keep heading toward the Mid Mountain trail. In case the marker is covered in snow, (GPS: 12 T 0450745/4505129) cross the east face of the mountain that the trail naturally runs into while you're heading south. Rob's trail ends where Mid Mountain trail starts into the Canyons Resort. Resort access to Mid Mountain trail closes during the winter, but from here you're sitting right next to the ski run with a view that grabs the valley to the east.

The Mid Mountain trail is one of the longest and most well known trails in Park City. It starts near Deer Valley resort, climbs to 8000 feet then continues through Park City Resort and the Canyons Resort, where it ends. Scenic views of Park City and the Wasatch Mountains make this trail popular.

Options: 1--Colin's trail is less of a workout, actually loses elevation, and doesn't have the same scenic features as Rob's trail, but would also make for a nice snowshoe jogging trail.

2—Murdock Peak sits 1600' above where Rob's Trail concludes along the Mid Mountain trail. If you'd like a view from the top and a great climb, you might venture further up the mountain to Murdock Peak at 9602' at 12 T 0448979/4504710. To do this head up the mountain next to the ski run at The Canyons. At the top of the ski run you are just a half mile from Murdock Peak. Once you are at the top of the mountain you can look to the northwest and see Murdock. It is the peak with the man-made structures sitting atop. Traverse in a northwesterly direction across the top of the ridge to the peak. From the ridge just below Murdock Peak you can look over the edge, to the east, down an avalanche chute. Down the other side of the mountain, Mill Creek Canyon opens. A view from the top indeed. Murdock Peak can also be reached from Mill Creek Canyon.